

WHAT IS TIME OUT?

Our tailored support programme for students undertaking a leadership position (captain or committee member) within a sport club or society. Time Out is a programme to help you make the most of the leadership opportunity you have.

There will be a number of events throughout the year:

SEPTEMBER	Launch	
OCTOBER	Peer 2 Peer	Leadership styles and Bristol PLUS
NOVEMBER	Peer 2 Peer	The captain's choice
DECEMBER	Guest Speaker and Q&A	Reflection
FEBRUARY	Peer 2 Peer and Q&A	#WeAreBristol Club Development Process
MARCH	Guest Speaker	Presentation skills
APRIL	#WeAreBristol Club Development presentations	